

The Glades Gazette

March 2020

The Power of the Cross

As we continue to head through Lent closer to Easter, may we remember all that the cross means to us. The cross of Christ is more than a mere symbol of God's love and forgiveness. It is truly a gift of grace.

Physicians and mental health professional can attest to the damage done by failing to forgive. Some medical doctors estimate that the majority of illnesses they treat are related to emotional problems such as resentment, which is a lack of forgiveness. And counselors see the roots of bitterness reflected in depression, anxiety, and destroyed relationships.

There is one story is of an astonished patient who was told by his doctor: "If you don't cut out your resentments, I may have to cut out a part of your intestines." Fortunately, the man took the doctor's advice. He had been nursing a bitter grudge against a former business partner. He went to see his partner, resolved their differences, and forgave him. When the patient returned to the doctor, his physical condition had cleared up.

That advice isn't new of course. The great physician, Jesus Christ, pointed out 2,000 years ago the importance of forgiveness. When he encouraged us to "forgive seven times seventy," he was thinking of our emotional and physical well being as much as our spiritual. In his book, *None of These Diseases*, Dr. S. I. McMillen reported that a forgiving spirit could save us from "ulcerative colitis, toxic goiters, high blood pressure, and scores of other diseases" including ulcers, asthma, arthritis, neuro-dermatitis, and heart ailments—all possible effects of resentment.

And that includes learning to forgive yourself.

Impressed by Pope John Paul's forgiveness of his would-be assassin, journalist Lance Morrow wrote, "The psychological case for forgiveness is overwhelmingly persuasive. Not to forgive is to be imprisoned by the past, by old grievances that do not permit life to proceed with new business.

"Not to forgive is to yield oneself to another's control. If one does not forgive, then one is controlled by the others initiatives and is locked into a sequence of act and response, of outrage and revenge, tit for tat, escalating always. The present is endlessly overwhelmed and devoured by the past." But to forgive is to be free and freed from the past.

Jesus Christ pointed out another disturbing truth about an unforgiving spirit when he said "If you forgive men when they sin against you, your heavenly Father will also forgive you. But if you do not forgive men their sins, your Father will not forgive your sins. Now some may point an accusatory finger and demand that you "must forgive them because you are a Christian." Some believe what Christ meant was that an unforgiving spirit on my part is a sure sign that I haven't truly shown remorse to God for all my failures nor experienced fully his forgiveness.

Please remember this. . . We do not forgive simply because the other person wants it (many may not want your forgiveness); nor do we forgive because they "deserve" it. We forgive because we deserve it and God definitely deserves our being forgiving. It is a way we are able to demonstrate and give back a portion of the love God has given us,

Have a blessed Easter!

sun	mon	tue	wed	thu	fri	sat
1 9:30A Adult Sunday School 10:15A Session Prayer Time 10:30A Communion/ Children's SS	2	3 10A Women's Bible Study	4 7:30P Choir	5	6 Ginny DeMattei's Bday Patricia Claxton's Bday	7
8 9:30A Adult Sunday School 10:15A Session Prayer Time 10:30A Worship/ Children's SS	9 7P Men's Group	10 10A Women's Bible Study	11 7:30P Choir	12	13	14 Gladys Claxton's Bday
15 9:30A Adult Sunday School 10:15A Session Prayer Time 10:30A Worship/ Children's SS	16	17 10A Women's Bible Study	18 7:30P Choir	19	20	21 8:30A Boca Helping Hands
22 9:30A Adult Sunday School 10:15A Session Prayer Time 10:30A Worship/ Children's SS	23 7P Men's Group	24 10A Women's Bible Study	25 7:30P Choir	26	27 Matthew Claxton's Bday	28
29 9:30A Adult Sunday School 10:15A Session Prayer Time 10:30A Worship/ Children's SS	30	31 10A Women's Bible Study				



DEACONS' CARE GROUPS

Laurie Jenkins - 561-487-4255

Lisa Roubian
Steve Straus
Loan Ellis
Terri Dorsey
Karen Sanchez
Wayne & Hortense Walker

Linda Williams - 954-240-4785

Mary Jo Luccarelli
Celeste, Jim, & Jimmy Hamilton
Eric, Ellen, Addie, & Ryan Armstrong
Audrey Correa
Edith Vislocky
Bill Eltringham
Laurie & John Jenkins

Tracy Garlanger - 954-471-3443

Dale Rosenbaum
Donna LaCertosa
Mary, Sebastian, & Ariel Fernandez
Doug & Jenifer Hamman
Ryan Bullock
Carmen Gomez

Rowena Avrigh - 561-488-1897

Ruth Scott
Julia Scott
Jackie Davis
Doris Jackson
Terry, Cheryl, & Ryan Crout
Gail Bower
Ginny DeMattei
Linda Williams
Beverly Newland

Addie Cordes - 561-445-7618

Neyda Rodriguez
Ed & Brenda Romeo
Tracy & Bob Garlanger
Brian, Gladys, Patricia,
Andrea, & Matt Claxton
David & Lisa Crapnell

Carmen Gomez - 561-768-6442

Cathy & Dan Wantz
Pat Wilkins
Rowena Avrigh
Lauren Romeo
Ozcan Feyzioglu
Santosh & Lalitha Mathen

**Glades Annual
Easter Egg Hunt
April 11th, 2020 from
11AM-1PM
at Glades Presbyterian
Church**

**Ladies Spring Tea
Saturday May 2, 2020 from
2:00 pm - 4:00 pm
at Glades Presbyterian Church
RSVP by: April 18, 2020
Contact: Tracy Garlanger
954-471-3443 taylortracyc@aol.com**



**6- Ginny DeMattei
6- Patricia Claxton
14- Gladys Claxton
27- Matthew Claxton**



**Our next
Boca Helping Hands is
March 21st at 8:30AM at
Boca Glades Baptist Church**



IF YOU HAVE ANY NEEDS
OR QUESTIONS, PLEASE CALL YOUR
DEACON. DEACONS, IF YOU CAN'T
RESOLVE NEEDS OR QUESTIONS, PLEASE
CALL ONE OF THE CHURCH ELDERS:

BRIAN CLAXTON
[561-504-0155](tel:561-504-0155)
TERRY CROUT
[561-852-9060](tel:561-852-9060)

Deacons:

Class of 2020:

Laurie Jenkins and Carmen Gomez

Class of 2021:

Tracy Garlanger and Addie Cordes

Class of 2022:

Rowena Avrigh and Linda Williams

Elders

Class of 2020:

Terry Crout and John Jenkins

Class of 2021:

Brian Claxton and Karen Sanchez

Class of 2022:

Bob Garlanger

2¢ a Meal

*Take a small bank and put
it on the table where you
eat. Say a prayer and put
2¢ a person in the bank.
These donations will grow
and when filled, bring it to
church and put it in the 2¢
bank. At the end of the
year, these donations will
be sent to several
organizations who help
others less fortunate.*

CHOIR

CHOIR REHEARSALS ARE ON
WEDNESDAYS AT 7:30PM.
WE WELCOME NEW VOICES.

PLEASE CONTACT
BEVERLY NEWLAND
AT 488-3690.

Pastor David's Phone Number: 937-307-6158

**Pastor David's Office Hours:
Wednesday and Thursday
11AM-4PM**

**Please pray for Raegan Mize
(6 year old neighbor of Kernie's),
who has terminal cancer.**



Women's Bible Study

We are continuing our
Bible study at 10:00AM
in the C.E. building.

Men's Group

Meetings are on:

March 9th at 7PM at
Tijuana Flats
March 23rd at 7PM at
Sweet Tomatoes

Brian C. will be facilitating.